



EDU-MENT Connections

Sept/Oct/Nov
2025

EDU-MENT Connections is a quarterly newsletter that keeps program stakeholders informed on project implementation, share practical tools and resources to support their EDU-MENT work, and encourage collaboration and learning across Austria, Cyprus, and Slovenia. EDU-MENT is an Erasmus+ Vocational Education and Training project.



01.

Edu-MENT Partners at
**M3 Transnational Meeting
and Train the Trainer
Tutorials**

-University of Maribor Faculty
of Health Sciences, Slovenia
(Sept 2025)



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01

Highlights

Project Events, Milestones
&
Deliverables





M3 Sept 18th & 19th

M3 Transnational Meeting and Train the Trainer (TtT) Sessions at University of Maribor, Faculty of Health Science, Maribor, Slovenia Outcomes:

- Refined the Digital Screening Tool
- Blended Learning Curriculum Review and Localization Strategy
- Train the Trainer Planning and Tutorial Sessions
- TtT and Pilot Activities - Partner's Roles and Responsibilities
- Quality Assurance and Evaluation Strategy and Planning

Nov 14th E-Learning Platform Launched

The EDU-MENT E-Learning Platform is a **technical and educational collaboration between UCY and UM FHS** to create a competency-based curriculum for lifelong learning in MH care.

- ★ For technical questions contact: Christos Mettouris at mettouris.g.christos@ucy.ac.cy
- ★ For curriculum questions contact: Dominika Vrbnjak at dominika.vrbnjak@um.si





17th November Localization of Materials Begins

Following the launch of the E-Learning Platform, the localization of materials and the training process are now underway. UM FHS has been providing translation and bug-fixing support to adapt the curriculum content for local use and to further enhance the platform. These improvements are being completed in preparation for the upcoming Partner and National Train-the-Trainer sessions, as well as the start of the pilot phase.

- ★ For information regarding the localization of materials contact: Dominika Vrbnjak at dominika.vrbnjak@um.si

Upcoming Project Milestone Dates

- ★ December - **Digital Screening Tool Release** (English Version)
- ★ December - **Partner TtT Follow up Webinar** all partners
- ★ December - **Localization of Digital Screening Tool** Austria, Slovenia and Cyprus partners
- ★ January - **Digital Screening Tool Final Release** (All Languages - German, Greek and Slovenian)
- ★ January - **National TtT Sessions** - Austria, Cyprus and Slovenia
- ★ February - **Start of EDU-MENT Pilot** at participating Institutions

02

EDU-MENT Updates

Equipping today's nurses with the **digital tools** and **advanced training** needed to deliver compassionate, modern, and holistic psychosocial care.



Blended Learning

About the EDU-MENT Blended Learning Course



Program Duration:

- 125 effort hours
- 5 ECTS



Program Breakdown:

- Self-directed learning
- Interaction with trainer
- Independent Practice



*EDU-MENT empowers nurses to deliver more **connected**, **compassionate**, and **comprehensive care**.*

EDU-MENT Platform

EDU-MENT is a blended-learning platform that equips **nurses** with practical skills to identify and support the psychosocial needs of older adults **using digital tools** and **evidence-based care**.

 **Psychosocial monitoring and digital assessment tools**

 **Holistic care strategies informed by EDU-MENT findings**

 **Approaches to reduce loneliness and boost social engagement**

 **Improved collaboration between nurses, doctors, and psychologists**

 **Skills in psychosocial competence and self-organization**

 **Built-in knowledge assessments**

Available in **English**

*Localized platform expected Jan 2026

Start Learning HERE!



- ★ For technical issues contact: Christos Mettouris at mettouris.g.christos@ucy.ac.cy
- ★ For curriculum questions contact: Dominika Vrbnjak at dominika.vrbnjak@um.si

Blended-Learning: Train the Trainer (TtT)

At EDU-MENT, we see education as a **FORCE MULTIPLIER**: by empowering trainers, we multiply impact, equipping nurses with the knowledge, digital tools, and assessment resources to deliver quality, engaged, and context-relevant mental health care.

The **Train the Trainer (TtT)** approach strengthens the foundation of nursing education by:



- 📘 Equipping trainers with digital tools, structured resources, and assessment frameworks to deliver impactful learning
- 🌐 Supporting trainers to adapt mental health education to local contexts and real-world care needs
- 🤝 Fostering mentorship that sustains skills development and professional growth across generations of educators

**Each trainer becomes a catalyst — multiplying KNOWLEDGE, CONFIDENCE, and
COMPASSION in the workforce.**

Blended-Learning: National Trainers - Spanning Europe

By grounding training in the languages, cultures, and clinical contexts of each region, our **12 EDU-MENT Trainers** ensure that nurses gain knowledge, digital tools, and assessment resources that are directly relevant to their daily work in mental health care.



Our trainer network spans Europe with a total of **12 TOTAL EDU-MENT Trainers**

4 GERMAN: UMIT-TIROL & HAFELEKAR - Austria

4 SLOVENIAN: UM FHS - Slovenia

4 GREEK: UCY & AGECARE - Cyprus

Blended-Learning: National Trainer Support



- ★ For TtT support and information contact the EDU-MENT training lead in your country:
 - **Austria: UMIT-TIROL** - AO.Univ.-Prof. PD MMag. Dr. Eva Schulc at Eva.Schulc@umit-tirol.at
 - **Slovenia: UM FHS** - Associate Professor Dominika Vrbnjak at dominika.vrbnjak@um.si
 - **Cyprus: AgeCare** - Romina SampanaicPhD at romina@materia.com.cy

03

EDU-MENT

Resources & Support



EDU-MENT Pilot Support

EDU-MENT: EDUCATION IN MENTAL HEALTH FOR NURSES IN HOME & RESIDENTIAL CARE



The EDU-MENT project develops a blended learning program (5 ECTS) designed to enhance the digital and professional competences of registered nurses (RNs) working in home care and residential care facilities.

Project Objectives

- Equip nurses with skills for early detection, monitoring, and management of mental health issues among clients.
- Introduce digital screening tools for identifying mental health risks.
- Offer a competency-based training combining e-learning and hands-on modules.
- Support sustainable institutional implementation through an organizational development concept.

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EMPOWERING NURSES – STRENGTHENING MENTAL HEALTH CARE



Key Activities

- Development and testing of digital mental health screening tools.
- A Train-the-Trainer course to ensure transferability and sustainability.
- Implementation of blended learning certification courses in Austria, Slovenia, and Cyprus.
- Creation of open-access educational materials and manuals.



EXPECTED IMPACT

- Improved quality of care for clients with mental health problems.
- Increased digital readiness and professional confidence among nurses.
- Long-term integration of digital tools in nursing education and practice.

EDU-MENT: EDUCATION IN MENTAL HEALTH FOR NURSES IN HOME & RESIDENTIAL CARE



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PROJECT PARTNERS



UMIT TIROL – Private Universität für
Gesundheitswissenschaften und -technologie
GmbH (Austria) – Coordinator



HÄFELEKAR Hafelekar Unternehmensberatung Schober
GmbH (Austria)



University of Cyprus-SEIT Lab (Cyprus)



AGECARE (Cyprus) Ltd (Cyprus)



Univerza v Mariboru (Slovenia)

Duration:
October 2023 – September 2026

Funded by: Erasmus+ KA220-VET
Cooperation Partnerships in Vocational Education and Training

Connect with us
on social media:



★ For guidance and support for translation activities please contact:

- Romina Sampanai at romina@materia.com.cy

03

EDU-MENT

Communication & Dissemination



Instagram: [edumentproject](https://www.instagram.com/edumentproject/)

Facebook: [Edu-Ment](https://www.facebook.com/Edu-Ment)

LinkedIn: [EDU-MENT](https://www.linkedin.com/company/edu-ment/)

Website: www.edu-ment.eu



EDUCATION IN MENTAL HEALTH FOR NURSES AT HOME AND RESIDENTIAL CARE

Our aim is to address the three main challenges in the early detection, monitoring and response to mental health issues in home-care and residential care:

- understanding and standardize care
- interprofessional qualification of Registered Nurses (RN)
- operational and organisational qualification

The partnership consists of 5 organizations from 3 different countries

  

UMIT TIROL
DIE TIROLER PRÄFATIVERSITÄT

HÄFELEKAR
Gesundheitsservice

MATERIA GROUP
CARE - NURSING - EDUCATION

University of Cyprus

University of Maribor

- ★ For guidance and support for dissemination activities please contact:
 - Romina Sampanai at romina@materia.com.cy

Thanks for keeping up with EDU-MENT!

Do you have any questions?

- ★ EDU-MENT Project Coordinator
Sarah House at sarah.house@umit-tirol.at

OR

- ★ Project Manager and Trainer
Romina Sampanai at romina@materia.com.cy



Faculty of Health Sciences



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HAFELEKAR