



EDU-MENT Connections

Sept/Oct/Nov
2025

EDU-MENT Connections is a quarterly newsletter that keeps program stakeholders informed on project implementation, share practical tools and resources to support their EDU-MENT work, and encourage collaboration and learning across Austria, Cyprus, and Slovenia. EDU-MENT is an Erasmus+ Vocational Education and Training project.



01.

Edu-MENT Partners at
**M3 Transnational Meeting
and Train the Trainer
Tutorials**

-University of Maribor Faculty
of Health Sciences, Slovenia
(Sept 2025)



Co-funded by
the European Union

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01

Highlights

Project Events, Milestones
&
Deliverables





M3 Sept 18th & 19th

M3 Transnational Meeting and Train the Trainer (TtT) Sessions at University of Maribor, Faculty of Health Science, Maribor, Slovenia
Outcomes:

- Refined the Digital Screening Tool
- Blended Learning Curriculum Review and Localization Strategy
- Train the Trainer Planning and Tutorial Sessions
- TtT and Pilot Activities - Partner's Roles and Responsibilities
- Quality Assurance and Evaluation Strategy and Planning

Nov 14th E-Learning Platform Launched

The EDU-MENT E-Learning Platform is a **technical and educational collaboration between UCY and UM FHS** to create a competency-based curriculum for lifelong learning in MH care.

- ★ For technical questions contact: Christos Mettouris at mettouris.g.christos@ucy.ac.cy
- ★ For curriculum questions contact: Dominika Vrbnjak at dominika.vrbnjak@um.si





17th November Localization of Materials Begins

Following the launch of the E-Learning Platform, the localization of materials and the training process are now underway. UM FHS has been providing translation and bug-fixing support to adapt the curriculum content for local use and to further enhance the platform. These improvements are being completed in preparation for the upcoming Partner and National Train-the-Trainer sessions, as well as the start of the pilot phase.

- ★ For information regarding the localization of materials contact: Dominika Vrbnjak at dominika.vrbnjak@um.si

Upcoming Project Milestone Dates

- ★ December - **Digital Screening Tool Release** (English Version)
- ★ December - **Partner TtT Follow up Webinar** all partners
- ★ December - **Localization of Digital Screening Tool** Austria, Slovenia and Cyprus partners
- ★ January - **Digital Screening Tool Final Release** (All Languages - German, Greek and Slovenian)
- ★ January - **National TtT Sessions** - Austria, Cyprus and Slovenia
- ★ February - **Start of EDU-MENT Pilot** at participating Institutions

02

EDU-MENT Updates

Equipping today's nurses with the **digital tools** and **advanced training** needed to deliver compassionate, modern, and holistic psychosocial care.



Blended Learning

About the EDU-MENT Blended Learning Course



Program Duration:

- 125 effort hours
- 5 ECTS



Program Breakdown:

- Self-directed learning
- Interaction with trainer
- Independent Practice



*EDU-MENT empowers nurses to deliver more **connected, compassionate, and comprehensive care.***

EDU-MENT Platform

EDU-MENT is a blended-learning platform that equips **nurses** with practical skills to identify and support the psychosocial needs of older adults **using digital tools** and **evidence-based care**.

 Psychosocial monitoring and digital assessment tools

 Holistic care strategies informed by EDU-MENT findings

 Approaches to reduce loneliness and boost social engagement

 Improved collaboration between nurses, doctors, and psychologists

 Skills in psychosocial competence and self-organization

 Built-in knowledge assessments

Available in **English**

*Localized platform expected Jan 2026

Start Learning **HERE!**



★ For technical issues contact:
Christos Mettouris at
mettouris.g.christos@ucy.ac.cy

★ For curriculum questions contact:
Dominika Vrbnjak at
dominika.vrbnjak@um.si

Blended-Learning: Train the Trainer (TtT)

At EDU-MENT, we see education as a **FORCE MULTIPLIER**: by empowering trainers, we multiply impact, equipping nurses with the knowledge, digital tools, and assessment resources to deliver quality, engaged, and context-relevant mental health care.

The **Train the Trainer (TtT)** approach strengthens the foundation of nursing education by:

- 📖 Equipping trainers with digital tools, structured resources, and assessment frameworks to deliver impactful learning
- 🌍 Supporting trainers to adapt mental health education to local contexts and real-world care needs
- 🤝 Fostering mentorship that sustains skills development and professional growth across generations of educators



**Each trainer becomes a catalyst — multiplying KNOWLEDGE, CONFIDENCE, and
COMPASSION in the workforce.**

Blended-Learning: National Trainers - Spanning Europe



By grounding training in the languages, cultures, and clinical contexts of each region, our **12 EDU-MENT Trainers** ensure that nurses gain knowledge, digital tools, and assessment resources that are directly relevant to their daily work in mental health care.

Our trainer network spans Europe with a total of **12 TOTAL EDU-MENT Trainers**

4 GERMAN: UMIT-TIROL & HAFELEKAR - Austria

4 SLOVENIAN: UM FHS - Slovenia

4 GREEK: UCY & AGE CARE - Cyprus

Blended-Learning: National Trainer Support



- ★ For TtT support and information contact the EDU-MENT training lead in your country:
 - **Austria: UMIT-TIROL** - AO.Univ.-Prof. PD MMag. Dr. Eva Schulc at Eva.Schulc@umit-tirol.at
 - **Slovenia: UM FHS** - Associate Professor Dominika Vrbnjak at dominika.vrbnjak@um.si
 - **Cyprus: AgeCare** - Romina SampanaiaicPhD at romina@materia.com.cy

03

EDU-MENT

Resources & Support



EDU-MENT Pilot Support

EDU-MENT: EDUCATION IN MENTAL HEALTH FOR NURSES IN HOME & RESIDENTIAL CARE



The EDU-MENT project develops a blended learning program (5 ECTS) designed to enhance the digital and professional competences of registered nurses (RNs) working in home care and residential care facilities.

Project Objectives

- Equip nurses with skills for early detection, monitoring, and management of mental health issues among clients.
- Introduce digital screening tools for identifying mental health risks.
- Offer a competency-based training combining e-learning and hands-on modules.
- Support sustainable institutional implementation through an organizational development concept.

EMPOWERING NURSES – STRENGTHENING MENTAL HEALTH CARE



Key Activities

- Development and testing of digital mental health screening tools.
- A Train-the-Trainer course to ensure transferability and sustainability.
- Implementation of blended learning certification courses in Austria, Slovenia, and Cyprus.
- Creation of open-access educational materials and manuals.



EXPECTED IMPACT

- Improved quality of care for clients with mental health problems.
- Increased digital readiness and professional confidence among nurses.
- Long-term integration of digital tools in nursing education and practice.

EDU-MENT: EDUCATION IN MENTAL HEALTH FOR NURSES IN HOME & RESIDENTIAL CARE



PROJECT PARTNERS



UMIT TIROL – Private Universität für Gesundheitswissenschaften und -technologie GmbH (Austria) – Coordinator



Hafelekar Unternehmensberatung Schober GmbH (Austria)



University of Cyprus-Seit Lab (Cyprus)



AGECARE (Cyprus) Ltd (Cyprus)



Univerza v Mariboru (Slovenia)

Duration:
October 2023 – September 2026

Funded by: Erasmus+ KA220-VET
Cooperation Partnerships in Vocational Education and Training

Connect with us
on social media:



★ For guidance and support for translation activities please contact:

- Romina Sampanai at romina@materia.com.cy

03

EDU-MENT

Communication & Dissemination



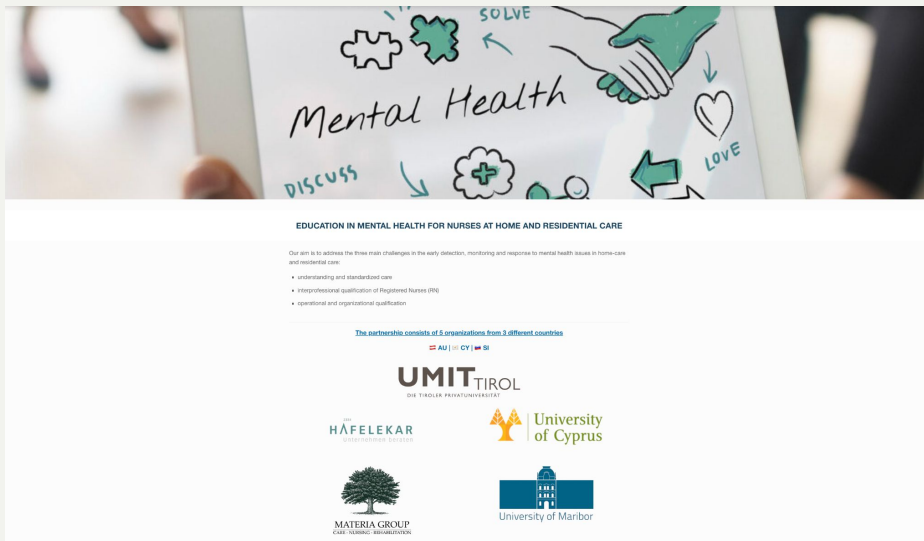
EDU-MENT Connect

Instagram: [edumentproject](#)

Facebook: [Edu-Ment](#)

LinkedIn: [EDU-MENT](#)

Website: www.edu-ment.eu



★ For guidance and support for dissemination activities please contact:

- Romina Sampanai at romina@materia.com.cy

Thanks for keeping up with EDU-MENT!

Do you have any questions?

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Sarah House at sarah.house@umit-tirol.at

OR

- ★ Project Manager and Trainer
Romina Sampanai at romina@materia.com.cy



University of Maribor

Faculty of Health Sciences



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